BIOMECHANICAL EXAM

		Left	Right
Arch Height	High	❑	❑
Off Weight Bearing	Medium	❑	❑
	Low	❑	❑
Arch Height	High	❑	❑
Weight Bearing	Medium	❑	❑
	Low	❑	❑
Subtalar Joint	Increased	❑	❑
Range of Motion	Normal	❑	❑
	Decreased	❑	❑
Relaxed Calcaneal	Inverted	❑	❑
Stance Position	Vertical	❑	❑
	Everted	❑	❑
Neutral Calcaneal	Inverted	❑	❑
Stance Position	Vertical	❑	❑
	Everted	❑	❑

		Left	Right
Foot Flexibility:	Flexible	❑	❑
	Normal	❑	❑
	Restricted	❑	❑
First Ray Motion:	Hypermobile	❑	❑
	Normal	❑	❑
	Restricted	❑	❑
First Ray Position	Dorsiflexed	❑	❑
	Normal	❑	❑
	Plantarflexed	❑	❑
Hallux Limitus	None	❑	❑
	Moderate	❑	❑
	Severe	❑	❑
1st Met Length	Short	❑	❑
R:_____mm	Normal	❑	❑
L:_____mm	Long	❑	❑

		Left	Right
Ankle Dorsiflexion	Increased	❑	❑
	Normal	❑	❑
	Decreased	❑	❑
Knee position	Straight	❑	❑
	Genu Varum	❑	❑
	Genu Valgum	❑	❑
	Genu Recuvatum	❑	❑
Equinus	Absent	❑	❑
	Present	❑	❑

Gait Pattern:

❑ Straight
❑ Out-Toe
❑ In-Toe

Has patient had orthotics? ❑ Yes ❑ No
If yes,response was: ❑ Good ❑ Fair ❑ Poor