

BIOMECHANICAL EXAM

		Left	Right			Left	Right			Left	Right
Arch Heigh	High	☐	☐	Foot Flexibility:	Flexible	☐	☐	Ankle Dorsiflexion	Increased	☐	☐
Off Weight Bearing	Medium	☐	☐		Normal	☐	☐		Normal	☐	☐
	Low	☐	☐		Restricted	☐	☐		Decreased	☐	☐
Arch Height	High	☐	☐	First Ray Motion:	Hypermobile	☐	☐	Knee position	Straight	☐	☐
Weight Bearing	Medium	☐	☐		Normal	☐	☐		Genu Varum	☐	☐
	Low	☐	☐		Restricted	☐	☐		Genu Valgum	☐	☐
Subtalar Joint	Increased	☐	☐	First Ray Position	Dorsiflexed	☐	☐				
Range of Motion	Normal	☐	☐		Normal	☐	☐	Equinus	Absent	☐	☐
	Decreased	☐	☐		Plantarflexed	☐	☐		Present	☐	☐
Relaxed Calcaneal	Inverted	☐	☐	Hallux Limitus	None	☐	☐	Gait Pattern	Straight	☐	
Stance Position	Vertical	☐	☐		Moderate	☐	☐		Out-Toe	☐	
	Everted	☐	☐		Severe	☐	☐		In-Toe	☐	
Neutral Calcanea	Inverted	☐	☐	1st Met Length	Short	☐	☐	Has patient had orthotics?	☐ Yes	☐ No	
Stance Position	Vertical	☐	☐	R: _____ mm	Normal	☐	☐	If yes,response was:	☐ Good	☐ Fair	☐ Poor
	Everted	☐	☐	L: _____ mm	Long	☐	☐				
Neutral Calcaneal	Inverted	☐	☐								
Stance Position	Vertical	☐	☐								
	Everted	☐	☐								

Quality that performs

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Performance

ORTHOTIC LABORATORIES

ESTD. 1984